

# Medication Table: Antidepressants (including SSRIs) in Adults

**Summary:** Information for prescribers for key antidepressants used in adult depression.

## Antidepressant Medication Table (Adults)

	Name (Brandname)	Start dose	Initial target dose	Max dose	Sedation	QT	Weight Gain	Sexual	Comments
<b>SSRI</b>	Citalopram (Celexa)	10	20	40	0	1+	1+	3+	Watch for QTc prolongation if >40 mg daily
	Escitalopram (Cipralex)	5	10	20 (30*)	0	1+	1+	3+	S-isomer of Citalopram
	Fluoxetine (Prozac)	10	20	80	0	1+	1+	3+	Long half-life useful for teenagers; however, caution in elderly Watch for drug-drug interactions
	Sertraline (Zoloft)	25	50	200	1+	0-1+	1+	3+	May be used in panic disorder; consider in postpartum
	Paroxetine (Paxil)	10	20	50	1+	0-1+	2+	4+	Short half-life; watch for discontinuation syndrome Avoid in elderly and pregnancy
	Vortioxetine (Trintellix)	5	10	20	0	0	0	0-3+	Sexual side effects are dose dependent Crossover when switching
	Fluvoxamine (Luvox)	50	100	300	1+	0-1+	1+	3+	Significant GI side effects

	<b>Name (Brandname)</b>	<b>Start dose</b>	<b>Initial target dose</b>	<b>Max dose</b>	<b>Sedation</b>	<b>QT</b>	<b>Weight Gain</b>	<b>Sexual</b>	<b>Comments</b>
<b>SNRI</b>	Venlafaxine XR (Effexor)	37.5	75	225 (300*)	1+	1+	0	3+	May increase blood pressure! Watch for discontinuation syndrome
	Desvenlafaxine (Pristiq)	50	50	100	1+	0	0	3+	May increase blood pressure! Watch for discontinuation syndrome
	Duloxetine (Cymbalta)	30	60	120	0	0	0	3+	Also approved for several pain conditions
<b>NDRI</b>	Bupropion XL (Wellbutrin)	150	300	300 (450*)	0	1+	0	0	Avoid in those prone to seizures and in eating disorder
<b>NaSSA</b>	Mirtazapine (Remeron)	30	30	45	4+	1+	4+	1+	Significant sedation and increased appetite.