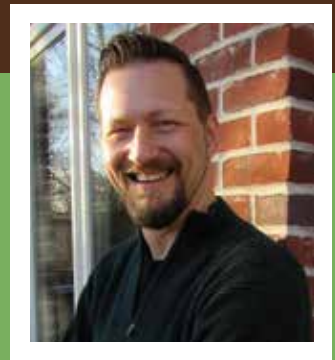


THE THERAPEUTIC RELATIONSHIP IS YOUR MOST POWERFUL TOOL (AND YOUR BIGGEST PITFALL): RELATIONAL STRATEGIES TO TREAT CHALLENGING TRAUMA CLIENTS

ROBERT T. MULLER, Ph.D., C.Psych

Robert T. Muller, Ph.D., C.Psych. trained at Harvard, was on faculty at the University of Massachusetts, and is currently at York University in Toronto. Dr. Muller is a Fellow of the International Society for the Study of Trauma & Dissociation (ISSTD) for his work on trauma treatment. And his psychotherapy bestseller, "Trauma and the Avoidant Client," has been translated widely, and won the 2011 ISSTD award for the year's best written work on trauma. As lead investigator on several multi-site programs to treat interpersonal trauma, Dr. Muller has lectured internationally (Australia, UK, Europe, USA), and has been keynote speaker at mental health conferences in New Zealand and Canada.



Dr. Robert T. Muller, PhD, C.Psych is a leading expert on trauma therapy and globally-acclaimed author of the psychotherapy bestseller: *Trauma & the Avoidant Client*. This practical and dynamic workshop will build your understanding of the inner workings of the psychotherapy relationship when working with challenging trauma clients.

Using an integrative approach through the lens of attachment theory, Dr. Muller will walk you through the relational approaches that help *pace the process of opening up*, so that clients find the experience of therapy helpful, not harmful.

LEARNING OBJECTIVES:

1. Help clients pace the process of opening up
2. Bring safety to the therapeutic relationship early on
3. Navigate and use conflicts in the relationship
4. Recognize their own (therapist) feelings in the treatment (e.g., the wish to rush into trauma work, or the wish to avoid it)
5. Help clients mourn traumatic losses to bring post-traumatic growth

Date: **November 25 & 26, 2019**

Location: St Paul University
233 Main St.
Ottawa, ON K1S 1C4

Time: 9:00 am - 4:00 pm

Cost: Early Bird
(before November 1, 2019)
\$435 + HST

Regular Admission
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- 4) **Mail** – Send the completed registration form and cheque to 438-2647 Alta Vista Dr., Ottawa ON K1V 7T5
- 5) **Phone** – Call us at 613-702-0339 or 1-877-895-2867

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