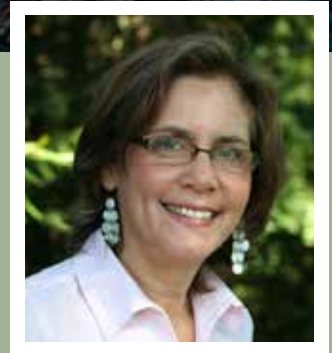


TREATING ADOLESCENT ATTACHMENT TRAUMA: THE CHALLENGE OF CONNECTION

MARTHA B. STRAUS, Ph.D.

Dr. Straus is a clinical psychologist, a professor in the Department of Clinical Psychology at Antioch University New England Graduate School, and an accomplished author. She has written numerous articles, as well as four books, including her most recent, *Adolescent Girls in Crisis: Intervention and Hope*, and the highly acclaimed *No-Talk Therapy for Children and Adolescents*.



Traumatized adolescents struggle with self-regulation. They stand to benefit greatly from relationships with adults that offer them the psychological, physical and emotional sense of containment they can't supply themselves. However, because they are anxious and vigilant, they tend to perceive even loving relationships as confusing and frightening. In this insightful one-day workshop, Dr. Straus uncovers how therapy can provide a specific attachment relationship that will enable co-regulation, helping traumatized teens feel more secure, connected, present and stable.

LEARNING OBJECTIVES:

- Examine pathways for healing the effects of attachment trauma.
- Understand the developmental importance of co-regulation across intrapersonal and interpersonal systems.
- Identify adult behaviour that increases calm, intentional, empathic interaction.
- Explore specific intervention strategies for both highly activated and deactivated dysregulated states.

Date: October 30, 2015

Location: Cartier Place Suite Hotel
180 Cooper Street
Ottawa, ON K2P 2L5

Time: 9:00 am - 4:30 pm

Cost: Early Bird (before October 2, 2015)
- \$199 + HST
Regular Admission
- \$225 + HST
Group & student rates avail.

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