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McCloskey  
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Steven  
G. Feifer  
D.ED., NCSP, ABSNP

Margaret  
Wehrenberg  
PSY.D.

**THE 2<sup>nd</sup> ANNUAL ONTARIO CONFERENCE ON**

**Children & Adolescents**

**OVERCOMING BEHAVIOURAL,  
 EMOTIONAL & LEARNING CHALLENGES**

**LONDON**

**NOVEMBER 23 & 24, 2015**

(Monday & Tuesday | 8:30 AM - 4:00 PM)

Best Western Plus Lamplighter Inn - 591 Wellington Rd

EARN UP TO  
**12 CEUs**  
 FOR 2 DAY  
 ATTENDANCE

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AGENDA	DAY 1 - Monday, November 23, 2015		DAY 2 - Tuesday, November 24, 2015	
<b>KEYNOTE</b> 8:30 AM - 10:15 AM	<b>Executive Functions in the Classroom: How They Affect Learning and Behaviour</b> - George McCloskey, PH.D.		<b>The Neuropsychology of Reading Disorders: A Framework for Effective Interventions</b> - Steven G. Feifer, DE.D., NCSP, ABSNP	
10:15 AM - 10:30 AM	Morning Break			
<b>KEYNOTE</b> 10:30 AM - 12:00 PM	<b>Anxious Kids, Anxious Families</b> - Lynn Lyons, MSW		<b>The Changing Adolescent Brain: Opportunities for Repair and Growth</b> - Margaret Wehrenberg, PSY.D.	
12:00 PM - 1:00 PM	Lunch Break			
<b>CONCURRENT AFTERNOON WORKSHOPS</b> 1:00 PM - 4:00 PM	<b>Intervention for Executive Functions Difficulties</b> - George McCloskey, PH.D.	<b>Anxious Kids, Anxious Families - Continued</b> - Lynn Lyons, MSW	<b>The Neuropsychology of Written Language Disorders: A Framework for Effective Interventions</b> - Steven G. Feifer, DE.D., NCSP, ABSNP	<b>Managing Depression in Children and Adolescents</b> - Margaret Wehrenberg, PSY.D.

**WHO SHOULD ATTEND:** K-12 Classroom Teachers • School Counsellors/Psychologists • Learning Assistance/Resource Teachers • School Administrators • School Paraprofessionals including Special Education Assistants, Classroom Assistants and Childcare Workers • All other professionals who support students with behavioural challenges and complex learning needs including but not limited to: Nurses, Social Workers, Psychologists, Clinical Counsellors, Family Therapists, Nurses, Occupational Therapists, Speech Language Pathologists, Addiction Counsellors, Youth Workers, Mental Health Workers, Probation Officers and Community Police Officers.

## George McCloskey, PH.D.

George McCloskey, Ph.D. is a Professor and Director of School Psychology Research in the Psychology Department of the Philadelphia College of Osteopathic Medicine and holds Diplomate status with the American Academy of Pediatric Neuropsychology. He presents at international meetings on cognitive and neuropsychological assessment and intervention topics. Based on 20 years of research and experience working with children, adolescents and adults exhibiting executive function difficulties, Dr. McCloskey has developed a comprehensive model of executive functions that can be used to assess executive function strengths and difficulties and guide intervention efforts. He consults with a number of school districts and private schools nationwide on issues related to improving students' self-regulation capacities in the classroom, behaviour management, assessment and intervention for executive functions difficulties related to academic and behaviour problems.



### AUTHOR

*Assessment and Intervention for Executive Functions Difficulties*

### CO-AUTHOR

*Essentials of Executive Functions Assessment*

## Lynn Lyons, MSW

Lynn Lyons, MSW, is a licensed clinical social worker and psychotherapist who lives in Concord, New Hampshire and is in private practice there. For 24 years, Lynn has helped individuals, families, and groups overcome their anxiety. Lynn specializes in the treatment of anxiety disorders in adults and children, with a special interest in breaking the generational cycle of worry in families. She is the coauthor of two books on anxiety, *Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle* and *Raise Courageous & Independent Children*, and the companion book for kids, *Playing with Anxiety: Casey's Guide for Teens and Kids*. Her latest book, *Using Hypnosis with Children: Creating and Delivering Effective Interventions* is a how-to guide for helping professionals looking to incorporate hypnotic strategies for the treatment of depression, anxiety, medical procedures, pain, and sleep. It will be released by Norton in the summer of 2015.



### CO-AUTHOR

*Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle and Raise Courageous & Independent Children*

*Playing with Anxiety: Casey's Guide to Teens and Kids*

**1<sup>st</sup> KEYNOTE**  
8:30 AM – 10:15 AM

### Executive Functions in the Classroom How They Affect Learning and Behaviour

This keynote will discuss a multidimensional model of executive functions and the role that executive functions play in classroom learning and behaviour with special attention to the development of executive functions, the relationship between executive functions and intelligence, and the distinction between internally commanded executive control and externally demanded executive control.

**CONCURRENT AFTERNOON WORKSHOP**  
1:00 PM – 4:00 PM

### Intervention for Executive Functions Difficulties

This workshop will describe a multidimensional model of executive functions that can be used to guide case conceptualization and intervention selection. Descriptions of executive functions difficulties and intervention strategies for children ages 4-18 will be discussed. Information from case studies demonstrating executive functions difficulties will be discussed with emphasis on intervention recommendations, implementation, and progress monitoring.

#### This workshop will help participants to:

- » Describe executive functions, and their roles in classroom behaviour, learning and production
- » Identify and use a functional behavioural approach to identifying executive function difficulties
- » Identify appropriate interventions for executive function difficulties

**2<sup>nd</sup> KEYNOTE**  
10:30 AM – 12:00 PM

### Anxious Kids, Anxious Families

Anxiety disorders are the most common mental disorder found in Canadian children, with an estimated prevalence rate of 6.4 percent (Statistics Canada 2009). Anxiety impairs daily functioning and hinders the overall development of children and youth. From excessive shyness and reassurance seeking, to panic attacks, school phobia, test anxiety, obsessive or compulsive behaviour, anxiety can manifest itself in a myriad of ways. These symptoms impact children and adolescents at home and school, while putting palpable strain on the adults trying to help. The research is clear: much of what parents and other adults do to decrease the anxiety actually strengthens it by unintentionally reinforcing avoidance and rigidity.

**CONCURRENT AFTERNOON WORKSHOP**  
1:00 PM – 4:00 PM

### Anxious Kids, Anxious Families - Continued

#### This workshop will help participants to:

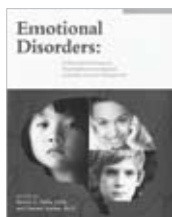
- » Identify the patterns and risk factors that increase anxiety in children and teens
- » List the seven key anxiety-busting strategies for families
- » Describe the primary parenting patterns that need to change
- » Help children and adolescents create a courageous plan to move forward rather than avoid
- » Coach parents to take effective action using exercises and homework assignments
- » Remove common crutches that support anxiety in families and schools
- » Stay out of the "content trap"
- » Differentiate between "bad" behaviour and anxious behaviour

## Steven G. Feifer, D.ED., NCSP, ABSNP

Steven G. Feifer, D.Ed., NCSP, ABSNP is an internationally renowned speaker and author in the field of learning disabilities and has conducted nearly 200 professional seminars for educators and psychologists. He has authored six books on learning and emotional disorders in children and has 19 years of experience as a school psychologist.



He is dually trained as both a Nationally Certified School Psychologist from James Madison University, and diplomate in school neuropsychology. Dr. Feifer currently works in private practice at the Monocacy Neurodevelopmental Center in Frederick, Maryland, and is also an adjunct professor at George Washington University. Dr. Feifer was voted the Maryland School Psychologist of the Year in 2008, and awarded the 2009 National School Psychologist of the Year by the National Association of School Psychologists.



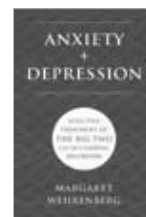
### AUTHOR

*Integrating RTI with Cognitive Neuropsychology*

*Emotional Disorders: A Neuropsychological, Psychopharmacological, and Educational Perspective*

## Margaret Wehrenberg, Psy.D.

Margaret Wehrenberg, Psy.D., is a Licensed Clinical Psychologist and is the author of *The Anxious Brain*. An expert on the treatment of anxiety and depression, she also has extensive training and expertise in the neurobiology of psychological disorders. She is co-founder of the Reflex Delay Syndrome (RDS) Research and Training Institutes, founded to promote research and treatment for this disorder affecting academic, social and emotional functioning in children. She earned her M.A. specializing in psychodrama and play therapy with children. She was trained in addictions counseling and has years of experience in that field, working with the U.S. Army in Germany and Lutheran Social Services in Illinois before beginning a private psychotherapy practice. She obtained her doctorate from the Illinois School of Professional Psychology and specialized in treating clients with trauma and anxiety disorders.



### AUTHOR

*Anxiety and Depression: Effective Treatment of the Big Two Co-Occurring Disorders*

*The 10 Best-Ever Anxiety Management Techniques*

**1<sup>st</sup> KEYNOTE**  
8:30 AM – 10:15 AM

### The Neuropsychology of Reading Disorders A Framework for Effective Interventions

This keynote will examine reading from a brain-based educational perspective, and classify developmental reading disorders into four distinct subtypes. There will be a discussion matching each reading subtype with scores of evidence-based interventions. Lastly, the Feifer Assessment of Reading (FAR) battery, a comprehensive and innovative new reading test designed to examine the underlying cognitive and linguistic processes that supports proficient reading skills will be introduced to both educators and mental health professionals. The instrument is unique in that it helps school teams determine the specific subtype of reading disorder, features a dyslexia screener, and also yields numerous intervention strategies as well.

**CONCURRENT AFTERNOON WORKSHOP**  
1:00 PM – 4:00 PM

### The Neuropsychology of Written Language Disorders A Framework for Effective Interventions

This workshop will explore the neuropsychological underpinnings of the writing process to assist educators and mental health professionals in both diagnosing and remediating written language disorders in children. The ability to generate and produce written language requires multiple linguistic skills involving both phonological and orthographical functioning (the elementary components of language), word retrieval skills, executive functioning skills to organize inner thoughts and ideas, and working memory to hold our thoughts in mind long enough for effective motor skills output.

**2<sup>nd</sup> KEYNOTE**  
10:30 AM – 12:00 PM

### The Changing Adolescent Brain Opportunities for Repair & Growth

There is no time more opportune for healing early life trauma or changing thought and behaviour patterns than the early adolescent years. This brief review of the dramatic changes occurring to adolescents' brain structure and function will clarify why this window of opportunity is so important and what interventions are most powerful for change and repair.

“Margaret’s information today was fantastic! I can see using it in my professional life and also my family life. Very practical, step-by-step ideas we can all use.”

– Tammie Comstock, Preschool Teacher & Mother

**CONCURRENT AFTERNOON WORKSHOP**  
1:00 PM – 4:00 PM

### Managing Depression in Children and Adolescents

Young people suffering from depression are often misdiagnosed with learning problems or behavioural problems but their underlying depression may be missed. Since depression can be a cause or an outcome of other, more obvious, problems, it is necessary to spot it and respond to it because it will limit development in academic, social and emotional life. This session will offer practical interventions into depression for anyone working with children and teens in school or clinical settings.

“Thank you Margaret. You have a very positive and practical approach that is deeply connected to research. I can’t wait for the next session!”

– Amy, Crowther Memorial Junior High



# REGISTRATION FORM

The Ontario Conference on Children & Adolescents | London, ON | Nov 23 & 24, 2015

## ► STEP 1 – CONTACT INFO

Name \_\_\_\_\_

Position \_\_\_\_\_ School / Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Work Phone [     ] \_\_\_\_\_ Work Fax [     ] \_\_\_\_\_

Email \_\_\_\_\_

No, I do not want to stay informed of upcoming events, exclusive offers and receive the quarterly eNewsletter.

## ► STEP 2 – SELECT ATTENDING DATE & FEE

Individual	Days 1 & 2 - Nov 23-24	Day 1 only - Nov 23	Day 2 only - Nov 24
Earlybird Fee	<input type="checkbox"/> \$449 + 13% HST	<input type="checkbox"/> \$249 + 13% HST	<input type="checkbox"/> \$249 + 13% HST
Regular Fee	<input type="checkbox"/> \$469 + 13% HST	<input type="checkbox"/> \$269 + 13% HST	<input type="checkbox"/> \$269 + 13% HST

* Group: 3-7	Days 1 & 2 - Nov 23-24	* Group: 8+	Days 1 & 2 - Nov 23-24
Earlybird Fee	\$429 + 13% HST	Earlybird Fee	\$409 + 13% HST
Regular Fee	\$449 + 13% HST	Regular Fee	\$429 + 13% HST

\*Group registration must be completed online at [registration.jackhirose.com](http://registration.jackhirose.com)  
Individuals must attend both days to be eligible for the group rates.

### EARLY BIRD DEADLINE: NOVEMBER 9, 2015

Registration and payment must be received by this date. Upon receipt of registration and payment, an emailed confirmation notice will be sent.

### REGISTRATION FEE INCLUDES

Reference notes, certificate of completion, morning coffee, muffins and refreshment breaks.  
*Please note lunches are not included.*

## ► STEP 3 – PAYMENT

Visa      Credit Card # \_\_\_\_\_ Expiry \_\_\_\_\_ / \_\_\_\_\_

MasterCard      Cardholder Name \_\_\_\_\_

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### 4 WAYS TO REGISTER

 ONLINE <a href="http://registration.jackhirose.com">registration.jackhirose.com</a>	 EMAIL <a href="mailto:registration@jackhirose.com">registration@jackhirose.com</a>
 PHONE or FAX See numbers to the right.	 MAIL See address to the right.

### 3 WAYS TO SAVE

- \$10 OFF** ONLINE PROMO CODE: SAVE10ON  
[registration.jackhirose.com](http://registration.jackhirose.com)
- \$20 OFF** EARLY BIRD DISCOUNT  
Deadline: November 9, 2015
- UP TO \$40 OFF** GROUP DISCOUNTS (online only)  
3-7 Registrants: Save \$20 per person  
8+ Registrants: Save \$40 per person

REGISTRATION & CHECK-IN STARTS 1 HR PRIOR TO THE CONFERENCE

### CONFERENCE FEE DISCOUNTS

**ONLINE REGISTRATION DISCOUNT**  
Save \$10 on registration fees for online registrations.  
Enter promo code **SAVE10ON** at [registration.jackhirose.com](http://registration.jackhirose.com).

**GROUP DISCOUNTS**  
Groups of 3-7: Save \$20 per person  
Groups of 8+: Save \$40 per person

Individuals must attend both days to be eligible for the group rates  
All groups must register online to receive the group discount.  
Register your group at: [registration.jackhirose.com](http://registration.jackhirose.com)

**CONFERENCE AIDE DISCOUNT**  
Save \$190 on the conference registration fee. By working as an assistant to the conference director, conference aides will receive a discount. Conference aides must arrive by 7:00am on all days of the conference and be willing to assist at all breaks, throughout the lunch break, and stay 30 minutes after the end of the conference. Please keep in mind that we can accommodate a maximum of 2 conference aides. To apply for the conference aides program, please email: [registration@jackhirose.com](mailto:registration@jackhirose.com)

### EARLY BIRD DISCOUNTS

To receive the early bird rate, all conference fees must be paid in full prior to the specified cut-off date. Registration forms submitted without payment will not be processed, and will not guarantee the early bird rate. To receive the regular rate, all conference fees must be paid in full prior to the event date. Participants with a balance owing must pay at the door.

### CONTINUING EDUCATION CREDITS

Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC).

### HOTEL & ACCOMMODATIONS

Rates may fluctuate. Please request the Jack Hirose & Associates corporate rate – must be booked one month prior to the conference date.

**BEST WESTERN PLUS LAMPLIGHTER INN & CONFERENCE CENTRE**  
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### TERMS & CONDITIONS

**Our liability is limited to refunds for conference fees only.**  
Jack Hirose & Associates Inc. reserves the right to cancel an event; please make hotel & travel arrangements with this in mind. In the event of a cancelled conference, we will issue a full refund for **conference fees only**. Jack Hirose & Associates Inc. is not responsible for any statements, acts, materials, or omissions by our presenters or participants. The use of audio and video taping devices, beepers, and cell phones by conference participants is not permitted at any session. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not send our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please visit our website.

**CANCELLATION POLICY:** All cancellations must be submitted by email to [registration@jackhirose.com](mailto:registration@jackhirose.com). Non-attendance at a conference will not be grounds for any or partial refund/credit under any circumstances. **Refunds will be available minus a \$40 administration fee** for cancellations made 14 days or more prior to the event. For cancellations less than 14 days prior to the event, **credit minus a \$40 administration fee** will be available. **No refund or credit under any circumstances will be available for cancellations less than one full business day prior to the event.** *Exceptions to this will not be granted.* If you are unable to attend, you are invited to send an alternate in your place at **no extra cost**. Please contact our office 14 days prior to the event, so we can provide the participant with an accurate name badge, certificate and to minimize confusion at check in. Please **notify us** of the alternate's full name and contact information, including their email address. Please double check your spelling.

**CERTIFICATES: Provided for pre-registered attendees only.** Those who register at the door, or want additional copies can download their certificate, free of charge, at [certificates.jackhirose.com](http://certificates.jackhirose.com). Certificates are intended for continuing education credit purposes. Your name will appear exactly as provided during registration. Please double check your spelling and include your professional name.

**RECEIPTS:** Automatically sent by email when participants register and pay online. Please be aware spam filters can block email receipts. Additional copies can be downloaded from [certificates.jackhirose.com](http://certificates.jackhirose.com).

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